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A WAY TO BEAT THE HEAT

These rafters got an unexpected splash when they floated into a swell in the Bow River Sunday afternoon. They were among hundreds of Calgarians out on the water during an ongoing hot spell. ROBSON FLETCHER/METRO



Ridership slump affects taxi drivers

TRANSPORTATION

More drivers on streets, but fewer people taking rides



Helen Pike
Metro | Calgary

While customers may be benefitting from more cabs on Calgary streets, for those behind

the wheel, the slow economy appears to be cutting into fare revenue, and some cabbies are getting concerned.

Total taxi trips are down six per cent in the first quarter of 2015 compared to the first quarter in 2014, according to a report before the city's Taxi and Limousine Advisory Committee (TLAC).

That's 117,000 fewer trips, even though there are 480 more drivers on city streets, translating to a staggering 21-per-cent drop in trips per driver.

The report also shows total

fare revenue is at a standstill, despite an 8.1-per-cent increase to taxi meter rates last September.

A total of 126 new taxi plates were issued through a lottery last September. Council was waiting on data like this before deciding when to release 57 more plates. Now that it looks like there might be too many cabbies for the amount of available fares, city administration is asking for more time to "monitor the current economic situation" before recommending the next release.

"We have a full complete set

21%

The decline in taxi trips per driver in the first quarter of 2015 compared to the first quarter of 2014.

of data for 2014," said Marcia Andreychuk, TLAC business analyst. "We're reaching the point at which we can begin to figure out what the right balance is, between a drivers rate of return

and service to the public."

The proportion of calls in which a taxi arrives to pick up a customer within 15 minutes of being called has also jumped to 90 per cent, Andreychuk added, and is now exceeding the target threshold of 85 per cent.

Rupinder Gill, president and driver with Calgary United Cabs, said the economy is having a huge impact on business.

He's often seen cabs lining the streets, waiting for passengers.

"It's very slow right now," Gill said. "We don't need any more

taxis, there's enough taxis to serve the Calgarians."

Roger Richard, president of Associated Cabs, said the numbers in his mind are spot-on, but he still wants to see the city put more plates out on the streets in order to concentrate on customer service.

"It's a supply-and-demand issue and it's good to improve the service," said Richard. "Let's concentrate on customer service first, and for that we need a good supply of licences. They should all be out of there."

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IN BRIEF

Man dead after being struck by CTrain

A man is dead after being struck by a CTrain in the city's southwest late Saturday night.

According to police, emergency crews arrived on scene between the Anderson and Southland stations just before midnight.

Police said further details surrounding the death won't be released. METRO

Motorcyclist killed in collision with tour bus

A motorcyclist was killed Sunday after colliding with a tour bus near Canmore, according to Calgary EMS.

Paramedics responded to the site of the crash, located about three kilometres east of Canmore on Highway 1A, shortly before 3:30 p.m. and found the motorcyclist suffering from life-threatening injuries.

The first EMS crew called a second crew to the scene as well as STARS Air Ambulance to assist with treating the motorcyclist, a man believed to be in his early 60s.

"They did initiate care; however, he just deteriorated too rapidly, and there was a decision made that he was deceased," EMS spokesman Stuart Brideaux said.

No other injuries were reported.

RCMP closed Highway 1A in both directions around the scene of the crash and were advising motorists Sunday evening to use alternate routes.

ROBSON FLETCHER/METRO

Secondary-suites vote may turn on licensing

URBAN ISSUES

Proposal to get its final ye or nay on Monday



Robson Fletcher
Metro | Calgary

Calgary's bylaw that would legalize secondary suites in four central wards is likely to die before third and final reading on Monday, unless a mandatory system of licensing suites is included, according to one of the potential swing votes on the issue.

Coun. Shane Keating, who voted in favour of the bylaw at first reading in May, said he's now hesitant about the city having only a voluntary registry for suites and foregoing mandatory licences, as is being recommended by city staff.

"The licence has to become a must and not just voluntary," Keating said Sunday, adding some of his colleagues have seemed "not too keen" on the recommendation to drop the licensing aspect altogether.

"While developing a licensing regime for secondary suites is possible, there would be a cost to do so and no clear advantage over the registry option," reads a report by city staff.

The registry system would see suite owners with rental properties deemed up-to-snuff receive a



Should homeowners in a large swath of central Calgary be permitted to have secondary suites, by default, instead of having to come to council to ask for them? Council is set to decide on Monday. ROBSON FLETCHER/METRO

"stamp of approval" that could be easily recognized by prospective tenants. One of the goals is to encourage compliance by making suites with the official stamp more attractive to potential renters, thereby reducing market demand for illegal suites.

By a 9-6 vote in May, council gave first reading to a bylaw that would make secondary suites legal by default in Wards 7, 8, 9 and 11, affecting more than

35,000 residential lots that don't allow homeowners to section off part of their houses as a separate dwelling.

Six members of council have been largely opposed to the changes, six staunchly in favour, and three more in the middle.

The swing votes include Keating, Coun. Joe Magliocca and Coun. Diane Colley-Urquhart, who has shifted her position on the issue several times but

said during the last vote she'd at least support first reading of the bylaw as it "helps move the public debate and conversation forward."

Magliocca couldn't be reached for comment Sunday.

Keating said his read of council's will is that some kind of tweaks, at least, will be needed if the bylaw is to survive.

"If not, I think it will fail, actually," he said.

CITY SITES

Calgary Zoo loses power

Lucie Edwardson
For Metro | Calgary

The Calgary Zoo was closed to the public Sunday due to a power outage — a problem resolved later that day.

Enmax had crews working on scene since Saturday night and said they would continue to work until the problem, described as a "cable fault," was fixed.

"The cables have a protective coating over them, and over time that breaks down," said Doris Kaufmann Woodcock, spokesperson for the city-owned power utility.

"When that happens, you have the problem that the zoo is experiencing, which is that the power is no longer flowing properly."

Trish Exton-Parder, spokeswoman for the Calgary Zoo, said the zoo was hosting a wedding Sunday night and that the zoo would have temporary power for the event.

Exton-Parder said the zoo has had minor power outages in the past, but the only time they closed due to an outage was during the 2013 floods.

She also said all of the animals were safe and had been cared for continuously by zoo staff.

Later Sunday, the zoo issued a statement that all power had been "fully restored" and "normal zoo operations will resume on Monday."



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SHAGANAPPI TRAIL

Residents celebrate overpass opening



Morgan Modjeski
Metro | Calgary

A large group of Calgary residents came out for their chance to be some of the first people to walk across the city's newest piece of pedestrian infrastructure.

On Saturday, city officials gathered at the Shaganappi pedestrian overpass for its official

opening and Coun. Druh Farrell said the bridge has been more than two decades in the making.

"This bridge has been on the priority list for over 20 years," she said while leading a crowd of pedestrians across the new bridge.

The overpass, which cost roughly \$5.9 million to construct, aims to reduce the amount of jaywalking at the crossing, as a study done in November 2011 found 129 people

were crossing unsafely on an average day. Farrell noted the new pedestrian overpass would connect the Brentwood and Dalhousie communities.

Originally, the project was slated to open in summer 2014, but was delayed by steel fabrication in eastern Canada.

The city then prepared to move the bridge into place on Jan. 9, but discovered the bridge's concrete support pillars were set 11 centimetres

too far apart.

Michael Thompson, director of transportation infrastructure for Calgary, said the strong showing from the public at the grand opening was a pleasant surprise.

"I was amazed to be honest with you at how many people from the community came out and how many families came out," he said, noting the large crowd highlights the demand.

— WITH FILES FROM JENNIFER FRIESEN



Calgary's bylaws shouldn't target skate ramps, specifically, on people's private property, says Coun. Evan Woolley.

METRO FILE PHOTO

Councillor wants change

SKATEBOARDING

Young city official wants to get rid of old bylaw



Robson Fletcher
Metro | Calgary

Evan Woolley was just five years old when city council took action to limit the number of backyard skate ramps being built.

Now, as a councillor himself, Woolley wants to do just the opposite.

The Ward 8 representative plans to introduce a motion at Monday's city council meeting to clear the way for Calgarians to build medium-sized ramps on their properties without the need for a development permit.

"The current restrictions are, like I say in the motion, pretty prejudiced," Woolley said, noting regulations introduced in 1986 were directly aimed at skateboarding, in particular.

While still a relatively new activity in Calgary at the time,

Woolley said skateboarding has come a long way in the past 29 years.

"Skateboarding is inclusive and inexpensive and it's a very mainstream sport," he said.

"It's an active, healthy way for young people to hang out together."

While Calgary is building more and more public skateboard parks, Woolley said backyard ramps are a great way for kids who are "a bit too young" to go to parks on their own to practise their skills with parental supervision.

His motion, if approved, would direct city staff to look at changing old land-use and community standards bylaws to better reflect what Woolley described as modern attitudes toward skateboarding.

It would be aimed at largely undoing the rules brought in by a July 1986 motion regarding "Skateboards and the Like" aimed at regulating "each skateboard ramp that is capable of accommodating three or more skateboards at one time that is located in a residential area."

Woolley said part of his goal, too, is "cleaning house" of some of the "crazy old laws" that remain on city books.

IN BRIEF

Two men injured in crash

Three people were taken to hospital after a two-vehicle crash west of Cochrane over the weekend, according to police. Cochrane RCMP responded to the site of the crash between Horse Creek Road and Grand Valley Road just after 6:30 p.m. Saturday.

According to witness information given to police, a white 2002 Nissan Sentra

was eastbound on Highway 1A when the driver attempted to make a U-turn and was hit on the passenger side by a westbound 2010 Cadillac SRX. RCMP said the two male occupants of the Nissan suffered critical, life-threatening injuries as a result of the impact. According to the RCMP, alcohol is believed to have played a role in the crash. METRO

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Nathan O'Brien Children's Foundation bringing hope

CHARITY

A year after tragedy, parents help other kids in son's name



Morgan Modjeski
Metro | Calgary

A foundation started in the name of five-year-old Nathan O'Brien, who disappeared alongside his grandparents last year, has helped the family and Calgary heal, say organizers.

Roughly one year ago, Calgary was in shock and mourning the loss of Nathan and his grandparents Alvin and Kathryn Liknes.

On the morning of June 30, Jennifer O'Brien stopped by the Liknes' home in southwest Calgary to pick up the youngster, but when she arrived, both Nathan and the couple were gone.

Despite extensive search efforts by the Calgary police, volunteer search-and-rescue crews, and members of the public, they would never be seen again. On July 14, Douglas Garland was arrested and charged with their murders.

However, despite the tragedy that rocked the city, the tenacious youngster's spirit lives on through the Nathan O'Brien Children's Foundation, and parents Rod and Jennifer say the organization has ensured children across Calgary will learn the importance of sport and teamwork.

"It's meant the world to us," said Rod. "It's not just us doing the work, it's people volunteering their time, taking time out of their day and just wanting to keep going with this. It's a beautiful thing and we couldn't



Nathan O'Brien's parents, Jennifer and Rod O'Brien, sit outside the offices of the EvenStart for Children Foundation, which they are supporting with a \$20,000 grant in memory of their son. MORGAN MODJESKI/METRO

be happier."

This year, the foundation has helped four organizations that support children with more than \$59,000 in grants.

Jennifer said the foundation and Nathan's desire to help others is teaching the next generation of Calgarians about how one person can have a big impact.

She said there have been numerous occasions where

Nathan's friends from both school and sport asked for money to donate to the foundation instead of receiving birthday gifts themselves.

"I see right there from that, they have a strong understanding of what it looks like to help children in need," she said. "I think it's very educating for the children of the future and I think that's a beautiful thing."

Greg Head, a close family

friend and one of the foundation's directors, said he feels the creation of the foundation has helped Nathan's family — and the city as a whole — heal.

"We've had so much outpouring of support from businesses, citizens, and I think what it does for everyone is it gives us all a chance to contribute and help the family heal," he said, touching on how he hopes to see the foun-

dation continue on for decades to come.

"For the family, this is almost life support for them, by having something like this to focus on and that will remember Nathan for many years to come."

On Aug. 15 and 16, the Nathan O'Brien Children's Foundation will team up with the Kidzfirst Grassroots Development Foundation to host

the first annual Nathan O'Brien Superhero Sports Decathlon at the Springbank Park for All Seasons.

In addition to EvenStart, Brown Bagging for Calgary's Kids, the Children's Cottage Society and KidzFirst also received support from Nathan's foundation in 2015.



Children getting off to a better start thanks to funding

One of the groups to receive funding from the Nathan O'Brien Children's Foundation was the EvenStart for Children Foundation.

A morning and afternoon preschool program for kids who have been victims of abuse or neglect, EvenStart helps ensure a child's therapeutic, daily socialization and nutritional needs are met.

With help from roughly \$20,000 in funds, EvenStart

director Brianna Parkhill said, they'll be building an all-season green space known as a winter garden and they're hoping to name it after Nathan.

"We've had a connection with the family for a long time, so it really kind of made sense for us to look at working with them on this project," said Parkhill, noting Nathan attended a regular kindergarten program maintained by the Heartland Agency, which over-

sees EvenStart.

"Nathan was a little boy who was full of life. He loved superheroes and he was creative and artistic ... and it really emphasizes what children need to grow and develop," Parkhill said.

She said working with the foundation has allowed EvenStart to ensure children who may not have had the same opportunities as Nathan to participate and thrive, not-

ing they hope the vegetables and flowers grown in the garden will teach children about teamwork.

"To work together to be able to produce these things and then to share them with each other is a great way for them to bond as a group," she said.

Parkhill expects construction of the Mayland Heights facility, which will host the garden, to start in coming months.

MORGAN MODJESKI/METRO



Nathan O'Brien. METRO FILE

Art worth its weight in water

PARKDALE PLAZA

Outflow shows city's water waste before it enters the river



Morgan Modjeski
Metro | Calgary

Serving as a meeting place, an art installation and a tool to educate the masses, the city's newest public space aims to highlight the importance of protecting Calgary's river systems.

Located at the end of 34A Street N.W., Parkdale Plaza is the newest addition to the city's Landscape of Memory. At its heart is Outflow, an installation by internationally renowned artist Brian Tolle.

It's an inverted replica of Mount PeeChee, which is located just north of Canmore in the Bow River watershed. A City of Calgary outfall is integrated into the piece, allowing residents to watch as stormwater collected in nearby



Artist Brian Tolle, left, with Ward 7 Coun. Druh Farrell in front of Tolle's art installation Outflow at the Parkdale Plaza during its grand opening on Saturday. MORGAN MODJESKI/METRO

catch basins is filtered before it runs into the river.

"When these neighbourhoods were built in the 1950s,

it was sort of the foregone conclusion that the water would be wasted into the rivers," said Tolle.

"But over time — because they're invisible — people don't even know that they're underneath us," he said, touch-

ing on how residents may forget that whenever they fertilize their grass or wash their car, those chemicals end up

in the river.

He said the idea was to "daylight" the outfall so residents can see how often trash, visible pollutants and other contaminants flow into the river system, but the purpose is twofold.

"Not only does it make it visible to the public that there's water flowing through here from sewers," he said, "(but) it also allows for daylight to literally make contact with the water, so certain volatile chemicals can evaporate before they actually make their way into the water."

Across the City of Calgary, there are more than 200 outfalls that carry stormwater into the river systems. Ward 7 Coun. Druh Farrell said the installation serves as a visual representation of how important Calgary's rivers are to the city.

"This piece is an important piece because it talks about the origin of our water, the lifeblood of Calgary," she said. "It talks about how important that water is for the city and how we need to protect it."

Construction on the plaza started in April 2014.



This piece is an important piece because it talks about the origin of our water, the lifeblood of Calgary.

Coun. Druh Farrell

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Off-road unicyclist Quentin Krawchuck flies down a staircase in Confederation Park, Sunday evening. LUCIE EDWARDS/ON FOR METRO

The lonely world of a unicyclist

PASSION

Calgarian still looking for off-road, mountain riding partner

Lucie Edwardson
For Metro | Edmonton

Quentin Krawchuck has always been into things that others might describe as out of the ordinary.

As a kid he was "obsessed" with things like Chinese yo-yo or juggling, but it's the craft that he has been working at mastering over the last eight years that's his true passion.

"It all started with a camping trip about eight years ago, and I opened up the trunk and there was a small little piddly unicycle there and I thought that was really cool," said Krawchuck.

He spent the summer learning the basics — riding in a straight line and turning, before eventually progressing to small hops and jumps and then taking it on paths through the woods and down staircases in parks.

Over the years Krawchuck said he has found a small global community of off-road or mountain unicyclists, but no one in Calgary that shares his passion — except once, and it didn't go the way he had planned.

"I was at the university and there was this guy who flew past me on the same kind of unicycle I have and before I knew it I was yelling at him like a crazy person to wait, 'cause I wanted to talk to him, because I have always been really interested in riding with someone," he said.

Krawchuck said the mystery unicyclist never did stop, and he is still looking for a riding partner.

If you share Krawchuck's love of unicycling, you can contact him at Quentinkraw@shaw.ca.

IN BRIEF

Two seriously injured in rollover on Deerfoot trail

Emergency crews from Calgary and Okotoks responded to a single-vehicle roll over in the northbound lanes of Deerfoot Trail just outside of Calgary shortly after 8:30 a.m. Sunday morning.

Paramedics assessed two occupants of a pickup truck that had rolled several times,

ejecting the men from the vehicle.

Both men were found on the right-hand shoulder of the road next to the guard rail, according to EMS.

Alberta Health Services said in a release that "both men, in their late teens, were taken to Foothills Hospital in serious, but stable condition at the time of transport." METRO

WESTERN CANADA

Extreme heat leading to more wildfires

In Alberta, almost two dozen new wildfires were reported in a 24-hour period between Saturday and Sunday as hot weather persisted throughout the province and Western Canada.

The province says a small amount of rain fell on the western side of the High Level Wild-fire Management Area in north-western Alberta, but several fires continue to burn in the vicinity of the town of High Level.

Temperatures reached into

the 30s across much of Alberta and Saskatchewan on Saturday and Sunday. Farther west, the temperature was in the high 30s in parts of B.C. over the weekend.

Steve Roberts with Saskatchewan's environment ministry says high temperatures and low humidity are continuing through the nights and into the early mornings, which means fires in the province's north continue to spread late into

200

Over 200 people were also evacuated from Manitoba's Red Sucker Lake First Nation after a fire crept close to the community late Friday.

the evenings.

Roberts says the province

planned to use an aircraft from Ontario with infrared equipment to help track fires overnight in order to figure out the best places to deploy firefighters in the morning.

Fires close to La Ronge and La Roche in the province's north continued to burn over the weekend, and have already forced many people in those areas to leave their homes due to thick smoke.

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NATO FAMILIES BID FAREWELL Cpl. Chevalier hugs his mother Helene at CFB Valcartier, north of Quebec City, before leaving for Poland on Sunday. An initial group of Canadian Armed Forces members from Valcartier left to take part in the fourth rotation of Operation Reassurance as part of a NATO response to Russian actions in central and eastern Europe.

FRANCIS VACHON/THE CANADIAN PRESS

Ukrainians clamour for Canadian TV

MEDIA

Pulling Russian content leads to gaps in programming

The Littlest Hobo, Anne of Green Gables, maybe even Flashpoint could find a new lease on life in Ukraine as the country's broadcasting council scrambles to fill TV screens with something other than Russian programming, says a senior Ukrainian official.

To counter both real and perceived propaganda throughout the war-torn country, President Petro Poroshenko's government pulled the plug on the Russian signals, leaving a dramatic hole in entertainment and information schedules, said Iurii Artemenko.

The country needs both replacement programming and hardware to improve its own

radio and television signals.

Artemenko recently returned from a trip to South Korea, where he was pleading for content.

"We need high-quality content, shows, dramas, movies, cultural programs," he said at the same time as expressing his fondness for Quebec cinema.

Artemenko says Canadian programs — dramas and comedies — would be a welcome and important uplift for an anxious population.

In terms of equipment, Ukraine "doesn't need money, but tuners and transmitters" to increase coverage in border regions.

The Russians, he said, use television very effectively to incite unrest in the East, claiming that actors are interviewed for news programs and fabricate stories of Ukrainian atrocities.

Information is still freely available on the Internet, and Artemenko says there's been

+ BACKGROUND

Among the first targets of Russian special forces in the takeover of Crimea were the TV stations and broadcast outlets, which have now blocked all forms of Ukrainian programming.

no attempt to block or censor online feeds — something the former journalist says he would oppose.

"I am a journalist, my first profession, and I respect journalism, but I can give you lots of examples of Russian propaganda," he said.

TV is the main weapon in the information war there, and its influence is most profoundly felt among adults and the elderly, rather than young people.

Youth get their information online, but Artemenko says that despite having a variety of sources they sometimes are

not very savvy about cross-referencing information and sorting fact from fiction.

The country needs help with media monitoring to better respond to online disinformation campaigns, particularly on social media.

He said he met recently with officials from Facebook, who've been inundated with requests — all of them apparently from Internet trolls in Moscow — to either discredit or take down pro-Ukrainian posts.

"My (request) to Facebook was: please put a new process in place for those who are responsible for Facebook content in Ukraine because these people think like Ukrainians and know details of what is happening," he said.

Fact-checking Facebook disputes may seem banal, but there is a sinister taint which can morph into violence, especially in this age of online radicalization.

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Small communities giving away land to attract new residents

HOMEBUILDING

Aging Quebec town one of many offering 'incentives'

Large parts of Canada were settled thanks to a government policy of giving out free land to anyone willing to show up and farm it.

And although the federal government largely stopped giving out Crown land in the 1930s, some small towns are continuing the tradition by giving their land away for free.

Saint-Louis-de-Blandford, a 900-resident community about an hour southwest of Quebec City, decided to take a creative approach to increasing its population. The town purchased a large tract of land and subdivided it into 40 lots which they gave away for free, beginning in 2013, to anyone willing to move there and build a house.

"The problem faced by towns of our size is devitalization that happens quietly as young people move to cities," Mayor Gilles Marchand said. "We figure this will be an incentive for the young and the less young who want to put their money toward home-building."

The town's policy requires buyers to put a \$1,000 down payment on a lot and commit to building a house worth \$125,000 within a year. The municipality then refunds the down payment.



(Larger centres) may not be able to offer the same incentives we can.... This is our way of competing. Tanis Chalmers

Saint-Louis-de-Blandford isn't alone with the idea.

Reston, Man., implemented a similar plan a few years ago to give away land for \$10.

Tanis Chalmers, the economic development manager for the Rural Municipality of Pipestone, which includes Reston, said the

program has been a success.

Of the 24 available lots, 19 have been given away and the municipality has expanded the program to the neighbouring towns of Pipestone and Sinclair. Chalmers says about 20 homes have been built in the last two years in Reston. This represents a population increase of 50 people — not bad for a town of 500.

Both Chalmers and Marchand believe their towns will profit in the long run by collecting property taxes on the homes.

They said a larger population also reduces the cost of services, per capita, and hopefully leads to increased commercial development.

Several small towns in Saskatchewan have experimented with a \$1 lot policy in recent years. THE CANADIAN PRESS



Christian Martin stands Friday on the land the municipality has given him and where he is building a home, in Saint-Louis-de-Blandford, Que. JACQUES BOISSINOT/THE CANADIAN PRESS



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LGBTQ

Pride parades take on a celebratory tone

Rainbows and good cheer were out in force Sunday as hundreds of thousands of people packed gay pride events from Seattle to New York City, where the governor officiated at a wedding, just days after the U.S. Supreme Court's landmark ruling legalizing same-sex marriage.

New York Gov. Andrew Cuomo made use of some newly granted powers by officiating at the wedding ceremony of a same-sex couple in Manhattan in front of the Stonewall Inn, where years ago gay bar patrons stood up to a police raid. New York state legalized same-sex marriage in 2011.

State law did not allow Cuomo to officiate at wedding ceremonies until last week. The author-

ity to do so was granted as part of a slew of legislation passed days ago.

This year, parades are taking on a more celebratory tone.

Organizers of San Francisco's Lesbian, Gay, Bisexual and Transgender Pride Parade, just called Pride, expected about a million revellers. It had 240 groups marching in the parade and more than 30 floats, its largest in 45 years.

"It's going to be an epic weekend," echoed David Studinski, march director for New York City Pride on Friday. "I actually just wrote on Twitter that this is the most historic Pride march since the first." New York City expected 22,000 people marching along a three-kilometre route and more than two million people to visit throughout the day.

At gay pride parades in Dublin, Paris and other cities Saturday, the U.S. ruling was hailed by many as a watershed.

"Soon in all countries we will be able to marry," said Celine Schlewitz, a 25-year-old nurse taking part in the Paris parade. "Finally a freedom for everyone."

THE ASSOCIATED PRESS



This is definitely going to be a momentous Pride weekend all over the country.

Eric Bennett, president of Seattle Pride

GLOBAL POLITICS

Marriage ruling likely to have ripple effect

Around the world, gay rights advocates are saying the U.S. ruling on gay marriage may help change attitudes, just as American activists — and judges, educators and legislators — had earlier been influenced by the easy acceptance of same-sex marriage in some European countries.

In the Philippines, activists seeking to win legal recognition for same-sex marriages believe the U.S. ruling will be useful, particularly since the country's

legal setup is largely based on the U.S. system, said Sylvia Estrada Claudio, a gender rights advocate and professor at the University of the Philippines.

"This ruling will have positive repercussions for our own movements here," she said.

The Philippines' civil code limits marriage to a union between a man and a woman — but the constitutionality of this proviso is being challenged by a lawyer, Jesus Nicardo Falcis III.

THE ASSOCIATED PRESS



Corrections officers wave to passing motorists who cheered them after the second of two escaped prisoners was apprehended on Sunday in Constable, N.Y. MIKE GROLL/THE ASSOCIATED PRESS

2nd convict in prison break shot, captured

CONSTABLE, NEW YORK

Three weeks after escape, Sweat nabbed near border

The second of two convicted murderers who staged a brazen escape three weeks ago from a maximum-security prison in northern New York was shot and captured near the Canadian border on Sunday. The incident happened two days after David Sweat's fellow inmate was killed in a confrontation with law enforcement, state police said.

A trooper shot the convict in the town of Constable, about three kilometres south of the Canadian border and 48 km from the prison, after spotting a suspicious man walking down a road Sunday afternoon, state police said. Sweat was taken into police custody and transported to a hospital for treatment of his injuries, they said. His condition was not immediately known.

State police did not immediately say why the trooper fired at Sweat or whether he was armed. Fellow inmate Richard Matt was killed Friday afternoon during an encounter with border patrol agents when he failed to respond to



It's a little unnerving, him being so close. I'm just glad it's over.

Constable resident Trevor Buchanan

an order to raise his hands.

According to U.S. Sen. Charles Schumer, D-N.Y., federal law enforcement said Sweat was shot twice and coughing up blood as he was taken to a hospital. He said no officers were believed to be injured.

Matt and Sweat used power

tools to saw through a steel cell wall and several steel steam pipes, bashed a hole through a two-foot-thick brick wall, squirmed through pipes and emerged from a manhole outside the Clinton Correctional Facility in Dannemora on June 6.

Sweat was serving a sentence of life without parole in the killing of a sheriff's deputy in Broome County in 2002. Matt was serving 25 years to life for the killing and dismembering of his former boss. They were added to the U.S. Marshals Service's 15 Most Wanted fugitives list two weeks after getting away.

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Biden speaks at Sunday service

CHARLESTON SHOOTING

VP attends Emanuel church ahead of funeral

Vice-President Joe Biden worshipped and spoke at the Sunday service of the historic African-American church where nine

people were gunned down during Bible study earlier this month just hours before a funeral was held for another of the shooting victims.

The vice-president's surprise appearance came on the second Sunday the Emanuel African Methodist Episcopal Church held regular services following the June 17 shooting. Police contend the attack was racially motivated and have charged a 21-year-old

white man.

Biden said he'd visited Emanuel before and knew the Rev. Clementa Pinckney, the pastor of the church who was among those killed.

"We came back because my family and I wanted to show solidarity with the families and with the church," said Biden, wearing a purple tie, a traditional colour of the African Methodist Episcopal Church.

Biden, a Catholic, showed the congregation the rosary beads he wore around his wrist and spoke about the feeling of loss within his own life.

The vice-president's son, Beau, died late last month of brain cancer. Beau Biden narrowly avoided death as a young boy in a 1972 car crash that killed Joe Biden's first wife and his daughter.

"The reason I came was to draw strength from all of you,"

Biden said. "I wish I could say something that would ease the pain."

Biden received a standing ovation during the 2-1/2-hour service after reading a selection of scripture. He later joined the congregation in holding hands and singing, "We Shall Overcome."

The Sunday morning service came hours before the church held a funeral for shooting victim DePayne Middleton-Doctor. The

49-year-old pastor and mother of four decided in January to return to her childhood roots in the AME faith and attend Emanuel after years attending a Baptist church.

The crowd of family and friends was so large at the funeral that many watched the service occurring a floor above on closed-circuit TV from the church's first floor.

THE ASSOCIATED PRESS



Police guard the scene of the attack in Sousse, Tunisia, on June 28. Tunisia's top security official says 1,000 extra police are being deployed at tourist sites and beaches in the North African nation after Friday's attack. ABDELJALIL BOUNHAR/THE ASSOCIATED PRESS

SOUSSE

Manhunt under way after Tunisian attack

The student who massacred holidaymakers on a Tunisian beach and at a swank resort hotel acted alone during the attack but had accomplices who supported him beforehand, an Interior Ministry official said Sunday.

Police were searching nationwide for more suspects after the slaughter of at least 38 people in Sousse on Friday, in Tunisia's deadliest ever such attack. The attacker's father and three roommates were detained and being questioned in the capital, Tunis, Interior Ministry spokesman Mohamed Ali Aroui told The Associated Press.

The attacker has been identified as Seifeddine Rezgui, a 24-year-old graduate of Tunisia's Kairouan University where he had been living with the other students. The attack was claimed by the radical ISIL.

"We are sure that others helped, but did not participate," Aroui said. "They participated indirectly."

Investigators believe the suspected accomplices provided

the Kalashnikov assault rifle to Rezgui and helped him get to the scene, Aroui said.

Authorities have yet to suggest a motive for the carnage. A security official close to the investigation said the student frequented an "unofficial" mosque in the Tunisian holy city of Kairouan for the past two years.

The official said a swimmer had found the attacker's cellphone in the Mediterranean. The phone showed the attacker spoke with his father just before his assault, the official said on condition of anonymity.

Friday's attack on the Imperial Marhaba Hotel shook this North African nation that thrives on tourism.

British counterterrorism police official Mark Rowley said Sunday that Britain has mobilized more than 600 officers and staff — one of the force's largest counterterrorism deployments in recent years — in response to the attack.

At least 15 Britons were among the 38 killed. THE ASSOCIATED PRESS

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CANADIAN TRADE

Cheap solar imports need tariffs: Businesses

A band of small Canadian solar panel manufacturers is banking on an upcoming trade decision in hopes of surviving an onslaught of low-priced Chinese imports.

The four Ontario companies said they hope a decision next week by Canada's International Trade Tribunal will uphold duties on imports they say are priced below the Chinese companies' actual cost of production.

"The best outcome for Ontario, for the entire solar community, is that there's a level playing field," says Geoff Atkins, who's in charge of business development for Silfab Solar in Mis-

sisauga. "Obviously, if there are tariffs imposed that balance that playing field, that's certainly going to strengthen our position."

The counter argument: anti-dumping tariffs on Chinese imports would keep Canadian prices higher and make it more difficult to eliminate the gap between the cost of producing solar power and the price of buying electricity off the power grid.

But Atkins and others in Canada's young solar manufacturing sector said Canada should follow the lead of the European Union and United States, which have imposed tariffs on Chinese imports. THE CANADIAN PRESS

IN BRIEF

Sears Canada turnaround is 'improbable': Expert

Time is running out for struggling department store chain Sears Canada to improve its financial results and the chances of survival are slim, says one retail analyst.

Keith Howlett of Desjardins published a report Friday saying it's "now or never" for the company to make headway on

a turnaround.

"The next seven quarters are 'make it or break it' for Sears Canada," he wrote. "Our current view is that an operating turnaround is improbable."

Last month, Sears Canada Inc. posted a \$59.1-million net loss for the first quarter as revenues dropped 9.7 per cent from the same period a year earlier. THE CANADIAN PRESS

Greek banks shut down for six days

ECONOMY

European bailout set to expire Tuesday

Greece's five-year financial crisis took its most dramatic turn to date Sunday, with the cabinet deciding, after an eight-hour session, that Greek banks would remain shut for six working days and withdrawal restrictions would be imposed. The Athens Stock Exchange would also not open on Monday, financial sector officials confirmed.

A decree published in the official Government Gazette stipulates banks will not open Monday morning and will remain closed through Monday, July 6. The finance minister could decide to shorten or extend that period.

Withdrawals from ATM with credit or cash cards will be capped at 60 euros (\$66 US) daily. The decree said ATMs would be working at the latest 12 hours



People stand in a queue to use an ATM at a bank in central Athens on Sunday. DANIEL OCHOA DE OLZA/THE ASSOCIATED PRESS

from its publication, meaning cash machines would open by early afternoon, at the latest.

Web banking transactions will be mostly free, allowing people to pay their bills online. However, they cannot move money to accounts abroad.

The decision to impose capital controls came on the rec-

ommendation of the Bank of Greece, Prime Minister Alexis Tsipras said during a televised address to the nation. The developments have thrown into question Greece's financial future and continued membership in the 19-state shared euro currency.

For the past two days, Greeks have been rushing to ATMs to

withdraw money across the country following Tsipras' sudden weekend decision to call a referendum on creditor proposals for Greek reforms in return for vital bailout funds.

The referendum decision, which was ratified by parliament after a marathon 13-hour session that ended in the early hours of Sunday, shocked and angered Greece's European partners. The country's negotiations with its European creditors have been suspended, with both sides accusing each other of being responsible.

The referendum is set for next Sunday. But Greece's current bailout expires on Tuesday, and the 7.2 billion euros (\$8 billion) remaining in it will no longer be available to Greece after that date.

Without those funds, Greece is unlikely to be able to pay a 1.6 billion-euro (\$1.79 billion) International Monetary Fund debt repayment due the same day.

THE ASSOCIATED PRESS

GREEN ENERGY

Bullfrog turns cooking oil to fuel

It hasn't been an easy road for biofuels in Canada, but green energy producer Bullfrog Power is hoping to get some mileage out of a new program announced Friday.

Bullfrog is offering to arrange for used cooking oil to be converted into biodiesel for com-

panies that want to offset their carbon emissions.

Donald Smith, CEO of research group BioFuelNet Canada, said hopes for greater use of crop-based fuel in cars have suffered amid criticism over using food for fuel.

"On the Canadian side of

things policy has not been strong," he said.

Progress on advanced biofuels is further along in the United States, Smith said, although there are some Canadian developments in southern Ontario and Edmonton.

THE CANADIAN PRESS



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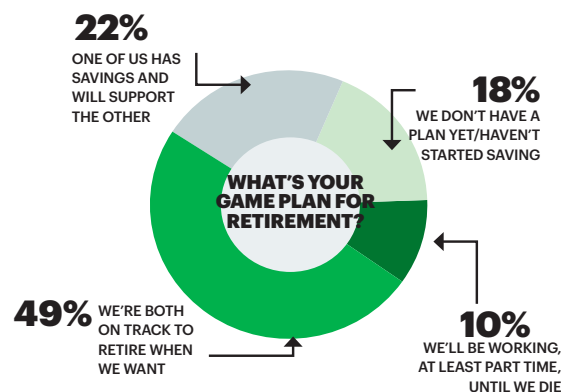
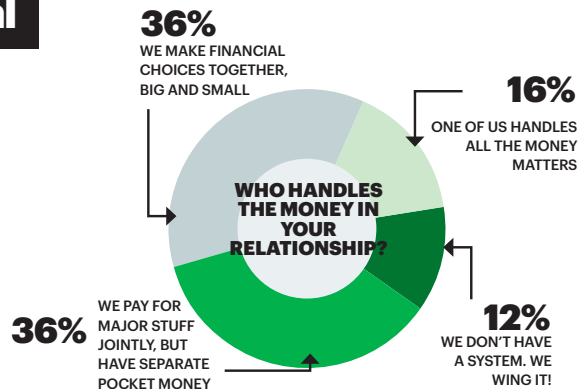
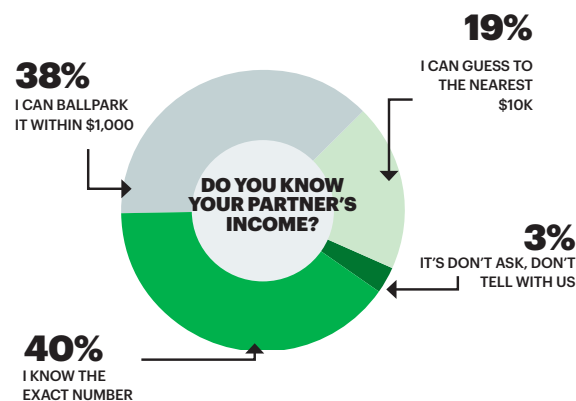
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THE BIG POLL: Let's get fiscal

Looks like many Americans are on track to bankrupt their love lives. A survey of 1,051 upper middle-class couples (married and unmarried, same- and opposite-sex) published in The Associated Press found 36 per cent of partners disagreed about how much money they had to invest. Forty-three per cent didn't know how much their partner earned. Of those, 10 per cent were off by \$25,000 or more, proving talking about money is still taboo. We asked Metro readers how open they are about money in love.



Oh, how I'd love to be an Inglewoodian

KLASZUS' CALGARY

Jeremy Klaszus



There's no running from it any longer: I have a full-blown case of Inglewood envy.

As a north-of-the-river guy, I'm not happy about this. I've always regarded Calgary's south — all of it — a bit warily, similar to the way most Canadians regard the United States. Pleasant enough to visit, but I wouldn't want to live there. Ever.

That said — damn, Inglewood has a good thing going. So much so that last November, the Canadian Institute of Planners named the riverside community Canada's greatest neighbourhood.

When I first heard that, I shook my head in disdain. "Inglewood? Livable? Bah!" I

protested, in true north-of-the-river form. "The place doesn't even have a major grocery store nearby!"

But Inglewood has won me over. Let's start with the restaurants. Inglewood has everything from the internationally acclaimed (Rouge) to humble greasy spoons (Blackfoot Truckstop Diner, Inglewood Drive In). You've got live music venues like the Ironwood and Festival Hall. And down the street, a historic brewery is slated to be reborn as a commercial and retail hub.

The main street, 9 Avenue SE, is arguably the best in the city. It has an eclectic and robust retail mix: toy stores, clothing stores, a knife shop, bookstores and so on. The Atlantic Avenue Art Block, with the Esker Foundation art gallery inside, makes the street even more appealing.

One can easily spend a full day in Inglewood — and far too much money.

In fact, the days my wife and I spend in Inglewood remind me of days we spend in Vancouver or Seattle. Inglewood's even better in some respects: when I stepped into Seattle's renowned Bop Street Records, touted as one of the best record stores in America, I was underwhelmed.

You can't top the vinyl caverns of the Inglewood institution Recordland.

In summer, Inglewood has a popular monthly night market. In September, elements of the science/arts/engineering festival Beakerhead move in (last year saw a fire-spewing octopus roam the Crown Surplus yard — a spot where I've also attended a book launch).

It's cliché to say a neighbourhood is full of surprises, but Inglewood really is. "(It's

hard to resist a place that has the odd chicken roaming the streets," the Canadian Institute of Planners jury noted.

Not just chickens. Earlier this month, an unusual yellow bird flitted around the neighbourhood. Local writer and Inglewoodian (Inglewooder?) Lisa Kadane spotted the golden-breasted starling in her backyard and suspected it might be from the nearby Calgary Zoo. She was right. Just another day in Inglewood. A local family helped capture the bird and send it home.

I was consumed by envy. I want that. I want escaped zoo animals in my backyard. If anyone needs me, I'll be over here checking real estate listings.

Jeremy Klaszus is a freelance journalist and stay-at-home dad. He tweets at @klaszus.

metroview

The next time you whine, Millennials, thank Generation X

Tim Queregens
Metro | Edmonton

I was born in 1977. Three years later, I'd have been a Millennial: I wish. I had no idea I was in Gen X until Gen Y (a.k.a. Millennials) became a thing. Only then did I start hearing how this new generation had it tough: bleaker job prospects than their parents, unpaid internships, student debt from multiple degrees that opened few doors, and, of course, the likelihood that when it's time to rely on the social safety net, we'll have to wait.

We hear this daily, but there are reasons it's now and not during the 1990s and early 2000s, when Gen Xers like myself faced the same challenges.

Partly, it's numbers. Generation Xers (born from the mid-1960s to 1980) will outnumber baby boomers (1945-1960) by 2028, when, thanks to age or death, there will be about 64 million of us in the U.S. (there are no such numbers for Canada). This is a hollow victory. The Gen Ys (born between 1980 and the turn of the century) are overtaking boomers now.

As Gen Xers, that tiny generation with Kurt Cobain and Jerry Seinfeld as our symbols, we're used to this. When it's less advantageous to be young, we are; when more advantageous, we're not. Indeed, if generations were a fashion, we'd be MC Hammer's pants.

Consider: In my early 20s, the boomers were clinging to their jobs with death grips

and, despite my talent and ambition, I was told I was "too young" and needed experience.

So I moved across Canada and then the world for work. By in my 30s, after several awards and achievements, I was "too old" for jobs opening up, all of them focused on new media. Apparently, at 32, I already didn't get Twitter (according to boomer managers). I feel you, Gen Y. But next time you whine, say thanks to Gen X.

We lived as latchkey kids resulting in your parents overcompensating to parent you properly (or, from my view, helicopter over you).

We paved the counterculture path now bearing fruit for Gen Y. We took to technology and told our bosses the web mattered and social media shouldn't be ignored.

And we saw we were living lives opposite to our parents — a childhood of wealth and opportunity, a mid- and later-life prospect of struggle. And it was us who said, "Not cool." I've yet to hear Gen X mentioned by Gen Y, other than to group me into the ultimate dismissal: old.

A lobby group called Generation Squeeze, which began at the University of British Columbia, gets my view. To them, Gen X and Gen Y are pretty much the same — screwed. Governments across Canada spend \$12,000 per capita on benefits and services for people under 45. For those over 45, mostly boomers, it's \$33,000. So, we're in the same boat, Gen Y. Gen X has just been here longer. And so we say, "Welcome."

Rosemary Westwood will return Tuesday.

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PHILOSOPHER CAT
by Jason Logan

A CHANGE IN THE WEATHER IS SUFFICIENT TO RECREATE THE WORLD AND OURSELVES

MARCEL PROUST



Native group of seven

The findings of the Truth and Reconciliation Commission have brought native issues to the fore, with many reconsidering the role of First Nations people in Canadian history. One show, on at the McMichael Canadian Art Collection, in Kleinberg (just north of Toronto), puts this history front and centre by celebrating the art of seven native artists, who, in 1970s Winnipeg, fought for recognition. **Catherine Kustanczy** FOR METRO LIFE



JACKSON BEARDY FLOCK

The artists

Known officially as the Professional Native Indian Artists Inc. (PNIAI), the group — Norval Morrisseau, Daphne Odjig, Jackson Beardy, Eddy Cobiness, Alex Janvier, Carl Ray and Joseph Sanchez — was a direct response to the celebrated Group of Seven painters, famous in the early 20th century for their depictions of the Canadian wilderness.



JOSEPH SANCHEZ
GHOST SHIRT



There was this lack of inclusion and a sense that they should be as well known as Tom Thomson or J.E.H. MacDonald. This is what they were trying to do in the '70s: 'Include us, we are part of the art history of this country!'

Victoria Dickenson, executive director and CEO of the McMichael

The show

The show, 7: Professional Native Indian Artists Inc., originated at the MacKenzie Art Gallery in Regina, and was curated by First Nations artist/curator/educator Michelle LaVallee. Comprising close to 100 pieces in total, the show features a range of styles expressed in large-scale paintings as well as drawings and sketches.

Many have a contemporary feel, with Odjig and Janvier's works freely incorporating elements of street art and abstraction, while Sanchez's sketches bring to mind modern comics art.



CARL RAY MEDICINE BEAR



EDDY COBINESS
WATERING THE HORSE

The art

"Daphne Odjig was told her art (shown far right) was either too native or not native enough," says Victoria Dickenson, executive director and CEO of the McMichael. "She felt (the establishment) was trying to place her in a box with this attitude of, 'You're not crafty enough for native art.'"

Many of the works in the exhibit depict native mythologies, personal stories and experiences, as well as historical injustices, with various pieces grouped under themes relating to storytelling. The works are particularly poignant in light of the Truth and Reconciliation Report.

"You have to embrace the whole history of our country," Dickenson says. "And these artists are a part of the history of our country. So this history is a part of you. It's history through art, through events, through its people."



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FOUR SEASONS OF '76



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ADVICE

Five places you can scrimp on spending to gain savings

MONEY MATTERS

Gail Vaz-Oxlade
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My basic money rules are simple:

- Don't spend more than you can make

- Save something
- Get your debt gone
- Mitigate your risks: Have an emergency fund and enough of the right kind of insurance.

Simple. But not always easy. With so many competing priorities, finding money to save can be tough. So many things can get in the way.

1 Shop smart. Paying a premium to flaunt a famous name and not saving for the future is dumb. Defining yourself by the brands worn by some celeb who makes 100 times what you make is a recipe for dissatisfaction. Expensive brands are no substitute for a solid financial future.

2 Cook at home. You've seen me peek into people's refrigerators on TV. Inevitably when there's no food in the house, the spending analysis shows gobs of money spent in restaurants and for takeout.

If you want to have some money to save, make a menu for the week, shop with a grocery list, stock your fridge with fresh food, and use your freezer to save time on busy nights or for when you're just too tired to cook. Eating out costs up to 10

times what it would cost you to eat at home.

3 Buy a car you can afford. I've always considered a car a means of transportation, not a reflection of my identity or success. I scratch my head at people starting out who think they should be driving a new, snappy car but can't find the money to save.

I guess the big question is this: Is it more important to look rich or be rich?

4 Give up your vices. I'm a little surprised at what people will spend money on even when they're in debt or not saving a penny. Exorbitant bank fees ... really? You can't walk a block to your own ATM? Hundreds of dollars a month in liquor and wine? Really? And as for the people who still smoke ... Lord love a duck!

The Stats Man says that Canadians spend about two per cent of their income on alcohol and tobacco. You can't tell me you don't have money to save if you're watching your money go up in smoke or down the potty.

5 Stop shopping for pleasure. The easiest way to not spend, and therefore to have money to save, is to stay out of stores. If you're shopping for entertainment, find something else to do.

Never go into a store without a list. And pay cash, or have the cash ready to pay off the credit card if you're disciplined enough to use them as a tool and not as a financial bridge.

Saving is the act of taking money out of your cash flow and putting it away for later. Once you've taken some money out of your cash flow to save, then

you've got to do something with that money to put it to work. That's investing.

Whether you choose a savings account that pays you two per cent in interest, or you opt for a mutual fund that offers you the potential to earn much more return, the act of making your money work for you is investing.

People are under the impression that all it takes to save is to stick some money in a savings account, an RRSP, a TFSA, or any other type of savings vehicle. But if you're putting \$50 away a month in savings and you're spending \$50 on credit that you're not paying off in full when the bill comes in, then you're *not* saving. You're *pretending*. It's time to stop deluding yourself.

You know the story of the grasshopper and the ant. Grasshoppers don't plan, ants do. Grasshoppers love their toys, ants love their freedom of choice. Grasshoppers compare themselves to others, ants measure how close they are to reaching their goals. So, are you a grasshopper or are you an ant?

If you're not an ant, that doesn't mean you'll never be a saver. You're just going to have to try harder to overcome your natural tendency to have a great time and not think about tomorrow. Focus on making small, manageable changes that will stick.

Just because you've decided to become financial responsible does not mean you're doomed to a life of boredom. Small luxuries will still have their place. You're just going to trim back and really appreciate them when they come along.

Dear readers: I'm taking a writing break for the summer. See you in September.

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CAREER MOTIVATION

Three tips to get your life on track after school

Vania Andre
Metro | New York City

Graduation is the end of one journey and the beginning of another. However, if you're one of the many graduates who find themselves in a post-college or post-university "mid-life" crisis, fear not. We asked Lindsey Pollak, millennial workplace expert and author of *Becoming the Boss: New Rules for the Next Generation of Leaders*, for tips on how to avoid sinking into depression after school.

Don't get down on yourself Think about what you've just achieved. Graduation is a major accomplishment — one that should be celebrated. Remember that it is normal and understandable to compare your post-grad situation to your peers', which is why it's important to seek out colleagues who can not only offer encouragement, but also empathy.

"Find friends in a similar situations and connect with



ISTOCK

them regularly," says Pollak. Together you can complain but also "encourage each other and serve as accountability partners and sounding boards."

Use downtime wisely

Use the extra downtime as an opportunity to network and join local chapters of professional associations. Not only will you be working on advancing your career, but you will also be having fun doing it.

Professional organizations typically host networking mixers, where like-minded people can connect and share their resources.

Pollak suggests reaching out to your alma mater's career centre and alumni groups.

"The career centre can be a key contact because it spends time every single day building relationships with local, national and international employers in fields across the board,"



Often, once you do a small task you will keep the momentum going.

Millennial workplace expert
Lindsey Pollak

she says. "Set up a one-on-one appointment to review your résumé, take a career assess-

ment test and practise a mock interview."

Alumni, on the other hand, have experience with the local market, she says. "They are often more than happy to help a young alum of their alma mater."

Stay active

It can be easy to fall in a slump when you're unemployed. Fight the urge to sloth your day away by taking small steps toward

big goals.

"Break up a big task into small action items," she says. "Convince yourself to send a single networking email, revise one bullet point on your resume, or apply to one job on LinkedIn each day. Often, once you do one small task you will keep the momentum going and do a lot more."

Think about what direction you want your life to go in. Ask yourself, what type of company you would like to work for? Or, if furthering your education is an option, and if so, what type of program?

"It can be motivating to determine what benefits make your dream job your dream job," Pollak says.

"If you're currently employed, figure out exactly what you would like to change about your job and what benefits you would like your next job to offer. If you're looking for your first job, look beyond your paycheck: Consider benefits as part of your total compensation."

Unemployment hits everyone hard; however, for recent grads, it can be particularly unsettling because you're in a time of your life where you're forging your path as an adult. The feelings of inadequacy and lack of confidence are ones that should be used to motivate instead of discourage.

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OFFICE RELATIONS

Eleni Deacon



Sticky weather calls for picnics, barbecues and beach days. But when your office decides to take their party poolside, it can feel like a sticky situation. What type clothing is appropriate, and will your boss be annoyed if you micro-manage the grill? Here's how to stay afloat during out-of-office summer social events.

There's no hard rule dictating what employees should wear to the pool. But if your organization has chosen to hold their shindig next to a swimmable

body of water, one thing is certain: It's okay to wear a bathing suit. The type of suit will depend on your industry, the culture of your office, and your own preferences. If you're new to your workplace and the event is an annual affair, ask a trusted colleague about standard attire. This will reduce fretting in the leadup and ensure your pool wear is on-point.

Opt for a higher level of coverage than you might with friends, and stay far away from malfunction-prone ensembles. Although it's important to feel comfortable in your swimwear, it's polite to keep the comfort of others in mind, as well.

And while swimming should not be frowned upon, this is not the locale to lounge for hours on a deck chair. Skip tanning in favour of a coverup that you can slip on as soon as you've dried off.

You may feel pressure to join the water polo game, but if splashing around with co-

“Opt for a higher level of coverage.”

workers makes you uneasy, there's a simple solution: Don't. Instead, focus on being a gracious guest. During parties held at a colleague's house, compliment the setup, offer to help (without taking over), and thank the host before heading home. It may be tempting to stick to your clique, but off-site gatherings are an opportunity to get to know colleagues outside your niche. Be friendly on land, and no one will care — or notice — that you've opted out of taking the plunge.

When it comes to summertime office gatherings, think through your approach but don't overthink. Parties are a break from work, and should not cause more stress than your job.

SWEET COURSE

Major in chocolate

New York's Institute of Culinary Education is opening America's first educational bean-to-bar chocolate lab, and it looks delicious.

The lab is just one of the delectable features in ICE's new, 74,000-square-foot Lower Manhattan facility, which also includes a “modernist” culinary technology lab and an indoor hydroponic farm. But the school felt it was important to include a small-batch artisanal chocolate-making facility, due to the explosion of bean-to-bar operations in the U.S. the past 10 years.

Do they take applications for taste-testers, too?

RAQUEL LANERI/METRO IN NEW YORK



Teensie bikinis that could easily untie don't belong at an office summer shindig and are best left in a drawer at home. ISTOCK

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Razor clubs a cut above

LOOKING SHARP

Home delivery at a fraction of the cost has men buying in

Benjamin Harrison used to let his razors get so dull, shaving felt like plucking hairs from his face.

But now, his blades are fresh, his face is smooth and his wallet is fatter, thanks to an online shaving club delivering “luxury” to his doorstep.

Increasingly, men are turning their backs on traditional razor retailers and looking to the Internet to find a good, cheap shave, according to reports from the United States.

“I just always thought it was ridiculous, the price that I would get (blades) at the store for,” said Harrison, a student at Trent University in Peterborough.

The daily shaver used to scour Shoppers Drug Mart fly-



Benjamin Harrison has trimmed the cost of his clean-cut looks by going online for razor deals. FRED THORNHILL/TORSTAR NEWS SERVICE

ers looking for deals, trying tricks to prolong blade lifespan

— including dunking blades in vodka and rubbing them on his jeans — and suffering through painful shaves in the meantime.

“It was terrible,” he said. “I’d deal with the discomfort (to) save myself 20 or 30 bucks.”

All that changed when he saw a viral video for Dollar Shave Club on YouTube.

“Are the blades good? No. Our blades are f— great,” quips Dollar Shave Club CEO Michael Dubin in the cheeky video. It’s been viewed 19 million times.

And their blades? Consumers do think they’re great. Two million customers spend between \$1 to \$9 on Dollar Shave Club blades at least every other month — blades are delivered either monthly or bimonthly — Dubin told the Wall Street Journal.

The company is expected to generate \$140 million in sales this year and is valued at \$615 million.

Prices are higher in Canada, ranging from \$3.50 to \$9.50, including shipping and handling and excluding taxes for four or five blades and a free handle. They still rival big brand prices. At Shoppers Drug Mart, a five-cartridge pack of Gillette Mach 3 blades costs \$21.99.

Harrison, 21, says the Dollar Shave Club blades are just as good as Gillette’s. Because of the low price, he doesn’t feel guilty swapping them out every two weeks, instead of once a month as was his previous routine.

“It’s just a little luxury for me to have a sharp razor,” he said.

Dollar Shave Club, which

entered the Canadian market in 2012, isn’t the only subscription service with a good sales pitch.

Harry’s, a New York City-based shaving brand started by two college friends, offers shaving plans starting at \$15 US for an eight-blade delivery — plus \$6 for shipping to Canada. They also offer shave gel and aftershave add-on options. Harry’s entered the Canadian market in February 2014.

In the U.S., men’s shaving gear sales nearly doubled in 12 months, reaching \$263 million in May, according to the Wall Street Journal.

As online shaving services cement their market foothold, razor blades sales are down in the U.S.

Procter & Gamble, which owns Gillette and holds nearly

70 per cent of global blades and razor sales, reported razor and shaving accessories sales of \$3.7 billion in 2014, down two per cent year on year, according to reports from Nielsen.

Some, including P&G chief financial officer Jon Moeller, argue changing facial hair trends are to blame for the slump. In January 2014, Moeller blamed the moustache-growing fundraiser “Movember” for a drop in fourth-quarter razor sales.

At Toronto’s Terminal Barbershop, owner Karim Saaden said he’s seen more men sporting beards over the past decade.

About 20 per cent of his clients maintain beards, he said.

Backing up that anecdote is the fact that there were \$74.7 million worth of sales in men’s shavers and trimmers in Canada over a 12-month period, showing a 2.9 per cent dollar growth versus the previous 12 months, according to market research firm The NP Group.

But even if men are embracing scruff, Gillette is still left playing catch-up when it comes to shave clubs.

The razor behemoth does offer a customized shaving plan, but Gillette’s prices far exceed Harry’s and Dollar Shave Club. Gillette’s cheapest plan costs \$16.99 US for one shipment of five Gillette Mach 3 Turbo razor blades. It’s also not available in Canada.

Perhaps they’re betting brand loyalty and the convenience of home delivery will win out against the slick new online players, regardless of price. But Harrison’s not buying.

“Unless the deal I’m getting online changes, I don’t think I will (switch back to Gillette),” said Harrison. TORSTAR NEWS SERVICE

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Celebrating Calgary's spirit of hospitality

The who's who of Calgary's bar industry gathered June 15 to celebrate the fourth annual Best Bar None accreditation and awards event.

Bar owners, managers and staff gathered with members of the Alberta Gaming and Liquor Commission (AGLC), the City of Calgary and Calgary Police Service to celebrate the city's spirit of hospitality.

Nearly 150 people packed the Telus Spark Inspiration Stage to recognize a record 52 Calgary bars, pubs, clubs and casinos, which achieved Best Bar None accreditation this year.

"This year we saw a large jump in accredited venues due to growing industry support to encourage environments of responsible and safe alcohol consumption," says Bill Robinson, president and chief executive officer, AGLC.

"From 33 to 52 venues this year, we are excited to see this growth, due in part to the continued collaboration between indus-

WINNERS

Of the 52 licensed premises congratulated, seven bars took home trophies:
BEST PUB: Bottlescrew Bill's Pub
BEST LARGE PUB: Hudsons Canadian Tap House Shawnessy
BEST BAR/LOUNGE: Loco Lou's Grill and Bar
BEST CASINO: Casino Bar at Cash Casino
BEST CAMPUS BAR: The Den & Black Lounge at the University of Calgary
BEST HOTEL/RESTAURANT LOUNGE: Jetz Bar and Lounge Best Western Port O'Call Hotel
BEST CLUB: Ranchman's Cookhouse and Dancehall

try and the program's partners."
Best Bar None is an accreditation pro-



CONTRIBUTED

gram for liquor-licensed venues that aims to reduce alcohol-related problems by encouraging nightspots to adopt best practices around safety.

In order to achieve Best Bar None status, an establishment is given a checklist with

more than 100 industry best practices that range from emergency evacuation to first aid training to a physical inspection of the venue, nearly 50 of which are mandatory.
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IN BRIEF

Flames add defensive depth through trade, draft

On the first day of the NHL draft the Calgary Flames got a defenceman for the present in Dougie Hamilton. On the second day, they made a strong commitment to their blue line of the future.

With their first two picks, the Flames took Swedish defencemen Rasmus Andersson 53rd and traded up to get Oliver Kylington at No. 60.

The Flames acquired Hamilton from the Boston Bruins on Friday for a first-rounder and two second-rounders. The 22-year-old bolsters a defence corps that already includes Mark Giordano, Kris Russell, T.J. Brodie, Dennis Wideman, Ladislav Smid and Deryk Engeland. THE CANADIAN PRESS

Reilly injured in Esk loss

Edmonton Eskimos quarterback Mike Reilly is out indefinitely with a left knee injury.

The Eskimos updated Reilly's status Sunday after he left Saturday's 26-11 loss to Toronto.

The Eskimos said Reilly will undergo tests this week to determine the extent of the injury.

Reilly completed 16 of 28 passing for 170 yards, a touchdown and an interception against Toronto.

Less than two quarters into the 2015 campaign, Saskatchewan lost its starting QB, Darian Durant with a season-ending left-foot injury. THE CANADIAN PRESS

Dream ends at BC Place

WOMEN'S WORLD CUP

Gaffes aside, Canada doomed by lack of goals



Cam Tucker
Metro | Vancouver

They were an easy team for Canadians to love and admire.

But in the end, a lack of scoring ability caught up to the Canadian women's soccer team at the FIFA Women's World Cup on home soil, and the dream of perhaps surprising a nation and the world came to an end on Saturday before more than 54,000 people at BC Place Stadium.

Canada lost to England 2-1 in the quarter-final stage of the tournament.

Christine Sinclair was the lone scorer for Canada. There was a point in the match shortly after her tally before half-time when it looked

like she might have one of those special, heroic moments, a la

It's a soccer player's nightmare. It's unfortunate. That's how soccer goes, but I'm still proud of her.

Sophie Schmidt on teammate Lauren Sessellmann's gaffe that led to England's first goal on Saturday

her performance versus the U.S. at the 2012 Olympics. It wasn't in the script.



For all of Canada's heart, desire, aggressive play and a coach in John Herdman who could motivate a sloth to run through a brick wall, the team lacked one key ingredient: Finish.

Not that such a deficiency was a surprise to those who follow the women's team on a regular basis.

Their previous five matches before the start of the Women's World Cup were all decided by

scores of 1-0, with Canada taking three of those.

When England scored twice in the span of just three minutes Saturday, the already goal-strapped Canadians were suddenly forced to score simply out of necessity, and they couldn't do it, despite chances to do so.

"We had some real standout performances," said Herdman. "Yeah, just same thing. We had chances but never put it in

SEMIFINALS

TUESDAY

In Montreal
Germany vs. U.S., 5 p.m.

WEDNESDAY

In Edmonton
Japan vs. England, 5 p.m.

the back of the net and that's football at the highest level."



The Canadian women's soccer team salute their supporters after Saturday's 2-1 loss to England in the quarter-final of the World Cup on Saturday at BC Place in Vancouver. JEN GAUTHIER/METRO



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Ready in

Prep time: 10 minutes
Cook time: 8 minutes

Ingredients

- 1 lb lean ground beef
- 1 egg
- 1 tsp minced garlic
- 3 Tbsp finely chopped onion
- 3 Tbsp ketchup
- 3 Tbsp bread crumbs
- Salt and pepper
- 1/2 tsp dried basil
- 3/4 cup tomato sauce
- 1/2 cup grated mozzarella cheese
- 1/2 cup baby spinach leaves
- 2 large whole wheat pitas (gently heated)

Directions

1. Combine beef, egg, garlic, onion, ketchup, bread crumbs, salt, pepper and basil in bowl. Mix just until all is incorporated. Pat into four burgers. Either grill or sauté on a medium-high heat, just until cooked through or temperature reaches 160 F, about eight minutes.
2. Slice pitas in half, warm in microwave or oven and place burger inside each half. Divide tomato sauce into pitas, add spinach to side and top with cheese. Serve warm.

Nutrition per serving

- Calories 320
- Carbohydrates 27 g
- Protein 31 g
- Fat 10 g
- Saturated fat 4 g
- Cholesterol 125 mg
- Sodium 760 mg

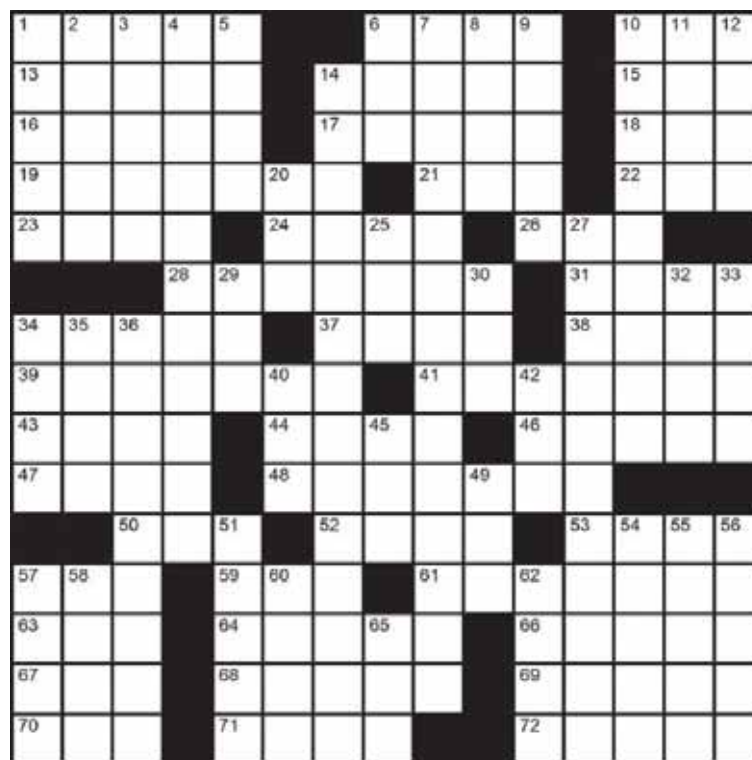
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Moults
6. Russian city
10. Writer Mr. Lewis, et al.
13. Basketball court manoeuvre
14. Off to _ _ start (Held up)
15. "Giddy up!"
16. Vernon and _ Castle (Ballroom dancing duo of the 1900s)
17. Mil. mission variety
18. Propel the boat
19. _ tiles (Back-splash choice)
21. _ Fever
22. Auberge
23. Type of chemical group
24. Lovely notions holder
26. Gym-goer's pride
28. Sketches dresses
31. Rock of _ (Samson's biblical hideaway)
34. Particular pet products producer
37. Sherbrooke 'sky'
38. Egypt-themed opera
39. Movie pirate, Captain Jack _
41. 19th-century President Mr. Cleveland's
43. Songstress Erykah
44. Dutch violinist/conductor Andre
46. Cul- _ _
47. Jam in
48. Horse bridle flap



50. Li'l round rate
52. Qatar's capital
53. Pea: French
57. Verify
59. Stealth flapper
61. Nova Scotia town in Cumberland County
63. 'SCTV', e.g.
64. Condescend
66. Aluminum com-

- pany, _ Canada
67. Mahalo nui _ (Thanks very much, in Honolulu)
68. Not nourished
69. Baseball legend Rusty
70. "Lucky Man" gr.
71. Proofreading term
72. Library mes-

sage starters...

DOWN

1. Virgo's brightest twinkler
2. Job-giver
3. All
4. 2016 U.S. Presidential candidate: 2 wds.
5. Base

6. Certain cheer
7. Bit of Neil Young's "Rockin' in the Free World" that #4-Down played at his presidential run announcement: "We got a kinder, gentler, _ _ _"
8. Portico of ancient Greece
9. Where Nairobi is
10. 'The Art People' auction house
11. Priority of _ in "The Da Vinci Code" (2006)
12. Darned
14. Caribou and Narwhal Whales, as examples: 2 wds.
20. Y-ending word's plural suffix
25. The _ Ball (Canadian fitness ball)
27. Canadian History... They were used to create hats in Europe: 2 wds.
29. Old Testament bk.
30. Camera variety, e.g.
32. Historic port of Spain
33. Fem. opposite
34. _ _ _ Bank Canada
35. On _ _ with (Equal to)
36. Road safety tactic used by police: 2 wds.
40. Royal symbol
42. Tribute type
45. Farm song vowels
49. Hoover _
51. 'M' of M.O.
54. Sea wolves
55. The cat _ _ of the bag
56. Punctures
57. _ Canada Ltd. (Mining company)
58. Environmental sci.
60. Exited
62. Door fastener
65. Comprehend

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You are thinking about making big changes. However, you should wait until Thursday's full moon has come and gone. Chances are you won't have to change much at all.

Taurus April 21 - May 21
You may find it easy to point the finger at other people but before you do make sure there are no skeletons in your own closet that might be dragged out for the world to see. No one is perfect!

Gemini May 22 - June 21
At some stage this week you will have to admit that some of your ideas are too outrageous to be taken seriously. But others will work and it is those you must focus on.

Cancer June 22 - July 23
You have a great deal of energy at your disposal now but will you use it wisely? There is a real danger that you could squander your resources on things that bring no lasting benefit. Focus on essentials.

Leo July 24 - Aug. 23
If something does not work out the way you intended it to today your first instinct will be to drop it and move on to something else. Finish what you started.

Virgo Aug. 24 - Sept. 23
If you assume that the people you have to deal with are as reasonable as you then you put yourself at a disadvantage. That applies to affairs of the heart as well as business matters.

Libra Sept. 24 - Oct. 23
Don't make any important decisions until the approaching full moon begins to wane towards the end of the week.

Scorpio Oct. 24 - Nov. 22
Over the next few days you will be tempted to believe you are heading in completely the wrong direction. It could just be the moon playing tricks on your mind.

Sagittarius Nov. 23 - Dec. 21
Because the approaching full moon takes place in the money area of your chart there is a danger that you will waste what you have gained in recent weeks. Be especially careful when socializing. Don't spend money just to impress your friends.

Capricorn Dec. 22 - Jan. 20
You may be more emotional than usual over the next few days and that could cause problems if it leads you to behave in ways that undermine your relationships.

Aquarius Jan. 21 - Feb. 19
Big things won't worry you this week but little things are likely to annoy you a lot. The approaching full moon will tend to exaggerate the importance of what's going on.

Pisces Feb. 20 - March 20
The excessive side of your personality is likely to come out this week, especially when the moon is full. If you do go over the top in some way, make amends as quickly as you can.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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